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The Weight of the Nation: Poverty and Obesity (HBO Docs)Research Paper Obesity

Here are some examples of how to write a thesis statement for an obesity research paper: The main cause of obesity is determined to be surfeit and unhealthy diet. Obesity can be prevented no matter what genetic penchants are. Except for being a problem itself, obesity may result in diabetes, cancers, cardiovascular diseases, and many others.

How To Write A Strong Obesity Research Paper?

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This paper goes into detail to elaborate on the health implications of obesity including mental health problems, increases in blood pressure as well as sleep problems. What is Obesity As opposed to the adage of fat and happy, being obese is by and large not a condition of joy by any means, and is frequently connected with major mental weight and dejection.

Obesity Research Paper Article | Impact of Obesity on Health

Research literature has widely looked into and documented the problem of obesity in children in the U.S. Lack of physical exercise, nutritional factors, and genetic predisposition have been established to be among the major contributing factors to the problem (WHO, 2012).

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Genetic research is still in its early stages. There is substantial heritability of individual differences in BMI. However, more than twenty genes, hypothesized as working in conjunction with a wide range of environmental factors, have been linked to obesity: Clearly, obesity is causally very complex.

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We have included papers that evaluate (1) the epidemiology of body weight and obesity, (2) the relationship between body weight and cardiovascular disease, and (3) the effects of environmental, genetic, and other factors on body weight and obesity. Epidemiology of Body Weight and Obesity

Most Important Outcomes Research Papers on Body Weight ...

Author ' s Note This paper was prepared for the 2014 APA TOPSS Competition for High School Psychology Students. Childhood Obesity 2 Abstract Obesity is a chronic health condition that is increasing at alarming rates in the United States, particularly among low-income children. This literature review examines several of the factors that place low-income children at risk for developing obesity: environmental (i.e., lack of access to healthy affordable food and media exposure to commercials for ...

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Research shows that the nature of food that the U.S citizens take and lifestyle significantly determine the extent to which obesity prevails in the society (Davis, et al., 2007). A considerable amount of literature associate obesity spread in the United States to the prevailing social economic factors and their impact on culture.

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Excerpt from Research Paper : Obesity is a public health problem that requires immediate intervention. One third of Americans are obese, clearly marking obesity as an epidemic (CDC, 2014). Obesity is not just an aesthetic problem.

Obesity Is A Public Health Problem That Research Paper ...

Create Research Questions to Focus Your Topic Obesity is a complex issue with many causes and consequences. You could concentrate on one set of issues and do in-depth research on that or use several of the questions below to focus on the topic of obesity more generally. Is obesity a serious problem?

Research Obesity - Obesity in America - Research Guides at ...

Obesity is the accumulation of fat in an organism leading to emergence of excess body weight. At the same time fat is laid in fatty depots of an organism (hypodermic fatty cellulose and around internals). There is no standard classification of obesity. The most widespread classification are primary and secondary obesity.

Research Paper on Obesity - 1 INTRODUCTION Obesity is an ...

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Obesity can be described as the abnormal, excessive accumulation of fats in one ' s body that puts the individual ' s health at risk. The condition is common in children and the childhood obesity research paper topics we present in this write up can be used in conducting research. 60 Childhood Obesity research paper topics to make your homework unique. Here, is an extensive list of childhood obesity topic for your research paper and can make your paper unique and impressive among the rest.

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Obesity Research Paper Example - EssayEmpire

Kenia Aldana COM: 221 Research Paper Interpersonal Communication Barriers for the Childhood Obesity Population Obesity is a simple seven-letter word in the English language that is used quite frequently today. Unfortunately, it ' s one of the most complex and serious problems in the American society. Although, some do realize that obesity is a nationwide problem, our society ' s most crucial ...

During the past twenty years there has been a dramatic increase in obesity in the United States. An estimated thirty percent of adults in the US are obese; in 1980, only fifteen percent were. The issue is gaining greater attention with the CDC and with the public health world in general. This book will offer practical information about the methodology of epidemiologic studies of obesity, suitable for graduate students and researchers in epidemiology, and public health practitioners with an interest in the issue. The book will be structured in four main sections, with the majority of chapters authored by Dr. Hu, and some authored by specialists in specific areas. The first section will consider issues surrounding the definition of obesity, measurement techniques, and the designs of epidemiologic studies. The second section will address the consequences of obesity, looking at epidemiologic studies that focus on cardio-vascular disease, diabetes, and cancer The third section will look at determinants obesity, reviewing a wide range of risk factors for obesity including diet, physical activity and sedentary behaviors, sleep disorders, psychosocial factors, physical environment, biochemical and genetic predictors, and intrauterine exposures. In the final section, the author will discuss the analytical issues and challenges for epidemiologic studies of obesity.

Our nation stands at a crossroads. Today's epidemic of overweight and obesity threatens the historic progress we have made in increasing American's quality and years of healthy life. Two-third of adults and nearly one in three children are overweight or obese. In addition, many racial and ethnic groups and geographic regions of the United States are disproportionately affected. The sobering impact of these numbers is reflected in the nation's concurrent epidemics of diabetes, heart disease, and other chronic diseases. If we do not reverse these trends, researchers warn that many of our children—our most precious resource—will be seriously afflicted in early adulthood with medical conditions such as diabetes and heart disease. This future is unacceptable. The Surgeon General asks you to join me in combating this crisis. Every one of us has an important role to play in the prevention and control of obesity. Mothers, fathers, teachers, business executives, child care professionals, clinicians, politicians, and government and community leaders—we must all commit to changes that promote the health and wellness of our families and communities. As a nation, we must create neighborhood communities that are focused on healthy nutrition and regular physical activity, where the healthiest choices are accessible for all citizens. Children should be having fun and playing in environments that provide parks, recreational facilities, community centers, and walking and bike paths. Healthy foods should be affordable and accessible. Increased consumer knowledge and awareness about healthy nutrition and physical activity will foster a growing demand for healthy food products and exercise options, dramatically influencing marketing trends. Hospitals, work sites, and communities should make it easy for mothers to initiate and sustain breastfeeding as this practice has been shown to prevent childhood obesity. Working together, we will create an environment that promotes and facilitates healthy choices for all Americans. And we will live longer and healthier lives. In the 2001 Surgeon General's Call to Action to Prevent and Decrease Overweight and Obesity, former Surgeon General David Satcher, MD, PhD, warned us of the negative effects of the increasing weight of our citizens and outlined a public health response to reverse the trend. Although we have made some strides since 2001, the prevalence of obesity, obesity-related diseases, and premature death remains too high. The Surgeon General is calling on all Americans to join in a national grassroots effort to reverse this trend. Plans include showing people how to choose nutritious food, add more physical activity to their daily lives, and manage the stress that so often derails their best efforts at developing healthy habits. The real goal is not just a number on a scale, but optimal health for all Americans at every stage of life. To achieve this goal, we must all work together to share resources, educate our citizens, and partner with business and government leaders to find creative solutions in our neighborhoods, towns, and cities from coast to coast. Together, we can become a nation committed to become healthy and fit.

Promotes the recognition, treatment, and prevention of conditions of overweight and obesity in the United States.

Obesity has come to the forefront of the American public health agenda. The increased attention has led to a growing interest in quantifying obesity prevalence and determining how the prevalence has changed over time. Estimates of obesity prevalence and trends are fundamental to understanding and describing the scope of issue. Policy makers, program planners, and other stakeholders at the national, state, and local levels are among those who search for estimates relevant to their population(s) of interest to inform their decision-making. The differences in the collection, analysis, and interpretation of data have given rise to a body of evidence that is inconsistent and has created barriers to interpreting and applying published reports. As such, there is a need to provide guidance to those who seek to better understand and use estimates of obesity prevalence and trends. *Assessing Prevalence and Trends in Obesity* examines the approaches to data collection, analysis, and interpretation that have been used in recent reports on obesity prevalence and trends at the national, state, and local level, particularly among U.S. children, adolescents, and young adults. This report offers a framework for assessing studies on trends in obesity, principally among children and young adults, for policy making and program planning purposes, and recommends ways decision makers and others can move forward in assessing and interpreting reports on obesity trends.

To battle the obesity epidemic in America, health care professionals and policymakers need relevant, useful data on the effectiveness of obesity prevention policies and programs. *Bridging the Evidence Gap in Obesity Prevention* identifies a new approach to decision making and research on obesity prevention to use a systems perspective to gain a broader understanding of the context of obesity and the many factors that influence it.

Obesity continues to accelerate resulting in an unprecedented epidemic that shows no significant signs of slowing down any time soon. The World Health Organization reports that in 2016, nearly 2 billion adults were overweight and that worldwide obesity has nearly tripled since 1975. *Obesity: Global Impact and Epidemiology* is an important tool in proving a link to new knowledge, serving researchers and clinicians. The field of obesity is evolving very quickly and there is an abundance of scientific data that has emerged and is emerging constantly. Researchers and physicians need new updated information about the epidemiology and global impact of obesity that come from authors that have a wide perspective in the field. For health professionals and researchers, there is a need to understand how obesity begins. While a simple question, the answer is very complex. Serves as a starting point for in-depth discussions in academic settings, leading to revised and updated treatment options for practicing obesity-treatment specialists Offers practical information about the methodology of epidemiologic studies of obesity Updated important source of information for clinicians and scientists in the field of obesity

Obesity is a global epidemic and an urgent health crisis impacting human health and health services, with the economic consequences of loss of human capital. It is a crisis for health professionals, health economists and government officials managing finite resources and the economy with premature loss of life and economic productivity. In this *Frontiers Research Topic*, researchers from a breadth of disciplines internationally contributed reviews, meta-analyses and novel data on the challenges obesity presents in attempts to stimulate debate on strategies and solutions for this crisis.

The aim of this book is to inform clinicians of recent advances in obesity research and provide a review of current treatment issues and strategies. Part 1 covers new discoveries in the physiological control of body weight, as well as the pathophysiology of obesity. Part 2 covers a range of issues that are central to the clinical management of obese patients. This illustrated volume will stimulate and engage clinicians.

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